

Curriculum Vitae

Rebecca Bassham

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EDUCATION

Saybrook University: Hybrid online program

- MS Applied Psychophysiology program Aug, 2018-present

Walden University: Online program

Aug, 2015 – Aug, 2016

- MS Clinical Mental Health Counseling program (5 classes completed, on academic LOA to pursue work experience)

California State University, Fullerton: Fullerton, CA

Fall 1984 - Winter 1989

- Bachelor of Science Degree: Major = Physical Education/Exercise Science & Minor = Health Promotions

Loma Linda University: Loma Linda, CA

Winter 1989 –Summer1990

- Fellowship in Computerized Special Imaging Technologies

Chaffey College: Alta Loma, CA

Fall 1980 –Spring1984

- Certificate program, Radiologic Technology

PROFESSIONAL EXPERIENCE

Director of Neuroscience, Healing With Grace Counseling

January, 2020-present

- Record, create, and interpret QEEG brain maps
- Record psychophysiological stress profiles
- Create protocols for patients
- Conduct biofeedback and neurofeedback sessions
- Mentor staff on psychophysiology applications
- Wellness and Life Coaching

Director of Neuroscience at Pure Recovery Ca

August 2016 – Present

Supervisor: J. Lucas Koberda, MD, PhD

- Established new neuroscience department in residential and IOP treatment center
- Prepared department for JCAHO licensure standards
- Created curriculum for Brain Fitness psychoeducation program
- Record, create, and interpret QEEG brain maps
- Create protocols for patients, run neurofeedback, AVE, and HRV sessions, track, follow up, and conduct studies
- Collaborating with neurologist on Client cases/ treatment planning
- Mentoring from clinical director on professional conduct and clinical cases
- Train technicians on staff and interns on how to operate software and equipment
- Provide mentoring to NFB techs on staff
- Responsible for the care of incoming professional (ex and active) athletes in concussion management program and act as liaison to referring parties
- Facilitate equine assisted learning with clients on an individual and group basis
- Attend weekly continuing education webinars to enhance cutting edge technology and protocols (to include PEMF, tACS, tRNS, tDCS, and advanced neurometrics).

Private Practice, Edge NeuroFitness

April 2010-August 2016

- Record, create, and interpret QEEG brain maps
- Create protocols for patients, run neurofeedback sessions
- Wellness and Life Coaching
- Community outreach and education, marketing, and promotions

SKILLS & CERTIFICATIONS

- Board Certified in Neurofeedback (BCN) Certificate # E5717
- Board Certified in Quantitative EEG (QEEG-T) Certificate # T142
- BCIA Certificate in Heart Rate Variability (HRV)

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- Certificate of Completion Clinical TMS Society “Pulses” rTMS training
- Certificate of Completion 42-hour Biofeedback didactic training
- Proficiency in: Neuroguide, Brainmaster, Neurofield PEMF, tDCS, tRNS, tACS, BrainDx, WinEEG, sLORETA NFB, Microsoft Office, Microsoft Word
- Amen Method Certification
- Ok Corral Equine Assisted Learning Certification
- Completed MRI (Magnetic Resonance Imaging) and CT training at Loma Linda
- Completed Radiologic Technology Certification (ARRT License # 20958)

PROFESSIONAL AFFILIATIONS

- International Society for Neurofeedback Research (ISNR)
- Biofeedback Certification International Alliance (BCIA)
- Clinical TMS Society
- Association of Applied Physiology and Biofeedback (AAPB)
- American Society of Radiologic Technologists (ASRT)

PROFESSIONAL DEVELOPMENT

EEG Biofeedback Assessment and Intervention:

- 36 hour BCIA-accredited Neurofeedback Certification Course, Instructed by Cynthia Kerson, PhD, QEEGD, BCN, BCB (Las Vegas, Nevada)
- 36 hour BCIA-accredited Neurofeedback Certification Course, NewMind Academy (online) 2013
- 36 hour didactic course and 22.5 hour Assessment and ILF training, and Alpha Theta Practicums at EEG Info, instructed by Siegfried and Sue Othmer 2010-2010 Woodland Hills, CA
- 15 hour BCIA accredited HRV certification course at ISNR 2014
- 15 hour Alpha Theta Workshop instructed by Dr. Richard Soutar (online)
- 32 hour BCIA accredited course: QEEG, Brain Function, Neurotherapy, and Live Z-Score Training with Dr. Tom Collura, Dr. Tom Brownback, Penijean Gracefire Stress Therapy Solutions, Cleveland, Ohio
- Bi-Weekly 2 hour group case consult webinars with:
Jay Gunkelman, QEEG-D 2015-present
Tiff Thompson, PhD, QEEG-D and Nick Dogris, PhD, QEEG-D September-July 2018

QEEG Recording, mapping, assessment, interpretation:

- 36 Hour accredited didactic training Stress Therapy Solutions, Cleveland, Ohio
- 2 day QEEG didactic training instructed by Jay Gunkelman WABN Conf. Costa Mesa, CA Nov 2015
- Mentored by Jay Gunkelman, QEEG-D, John LeMay, LMFT, QEEG-D and Douglas Dailey, QEEG-D 2014-present

Professional Conferences:

ISNR 22nd Annual Conference Attendee San Diego, CA October 2014
ISNR 23rd Annual Conference Attendee Denver, CO October 2015
ISNR 24th Annual Conference Attendee Orlando, FL September, 2016
ISNR 26th Annual Conference Attendee Glendale AZ October 2018
ISNR 27th Annual Conference Attendee Denver, CO September 2019
WABN Annual Conference Attendee Southern CA 2011, 2013, 2015, 2017
1st Annual Neurofield Conference Attendee Santa Barbara, CA July 2017
20 hour Advanced Neurofield Workshop Golden, CO April, 2018
2nd Annual Neurofield Conference Attendee Santa Barbara, CA July 2018
49th Annual Applied Psychophysiology and Biofeedback Conference Attendee Orlando, FL April 2018
50th Annual AAPB Conference Attendee Denver, CO March 2019
EEG INFO Advanced Clinical Summit Woodland Hills, CA Summer, 2011, 2012, 2014
OK Corral Equine Assisted Learning “Giddy up and Get Over It” 24 hour certification workshop
instructed by Greg Kersten Las Vegas, NV Feb 2017

VOLUNTEER SERVICE

Spirit Equine Therapy Ranch
Homecoming For Veterans

January, 2020-present
Spring 2011 – Summer 2016

Offered pro bono neurofeedback services for retired military veterans suffering from TBI and PTSD

Havasu Community Health Foundation

Lectures to the community on various health related topics

PRESENTATIONS & WRITING EXPERIENCE

Concussion/Traumatic Brain Injury, It's EEG and Behavioral Signature, It's Relation to Alzheimer's Disease, and How to Treat it With Audio-Visual Entrainment Technologies (with Dave Siever, CET) ISNR 27th Annual Conference, Sept. 2019

Stimulation Technologies: Intervention and Efficacy in Mental Health Issues (Panel discussion with Dave Siever, CET, John LeMay, MA, MFT, QEEG-T, PhD Cand, Nicholas Dogris, PhD, BCN, QEEG-D) ISNR 27th Annual Conference, Sept. 2019

Audio Visual Entrainment, How Every Practice Can Utilize It For Triage ISNR 26th Annual Conference, Oct., 2018
2017 on air PBS segment on Pure Recovery Neuroscience program

2018 Fox News LA interview on Pure Recovery addictions program

2011 Golden Globes celebrity gifting event presentation on Neurofeedback

Havasu For Youth "Take Charge of Your Health" to group of at-risk teen boys

Spring, 2010

Weekly Christian Radio (KWFH) co-host: fielded nutrition related questions on air callers

2009-2010

Kitchen Nutrition Healthy Television: hosted weekly organic cooking show on local Lake Havasu City, AZ. TV channel 45

2009

Havasu Community Health Foundation Lectures:

- Breathing and Mindfulness for a Healthy Heart
- Use Your Brain to Change Your Age
- Making A Good Brain Great
- EEG Biofeedback vs. Epilepsy
- Neurophysiology Behind eating Disorders

Mindfulness and Goal Setting for Network Marketing Professionals

Nutrition presentations to:

- Mothers of Preschoolers
- So Cal Foster Parents Association
- Inland Empire chapter of California Society for Radiologic Technologists

Health Education Facilitator: facilitated weekly weight loss/mgmt classes to address lifestyle issues, nutrition, meal planning, exercise, stress management, and behavior modification

Weight Control For Life (Long Beach Memorial Hospital, Long Beach, CA)

Physician's Weight management Center (Lake Havasu City, AZ)

Email and Blog Writing with 2000+ followers, over 30% open and click rate:

2007-2010 Organic Produce Gals weekly email newsletter and blog (nutrition tips, recipes, and produce related information)

2010-2015 Edge NeuroFitness email newsletter and blog (brain health and fitness related information)

RELEVANT COURSEWORK

Graduate Courses:

- Principles of Psychophysiology
- Research Methods and Literacy
- Biofeedback
- Hypnosis
- Intro to Clinical Mental Health Counseling/Overview
- Applied Counseling Theory
- Counseling Skills
- Ethical & Legal Issues in Counseling

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Undergraduate Courses:

- Anatomy and Physiology
- Biology
- Cross Sectional Anatomy
- Anatomy and Imaging of the Skull
- Medical Terminology
- Nursing Skills for Clinical Professionals
- Infection Control
- Exercise Physiology
- Kinesiology
- Sociology
- Sport Sociology
- Statistics
- Intro to Psychology
- Sport Psychology
- Philosophy
- Sport Philosophy
- Stress Management
- Athletic Performance Testing and Prescription
- Every class in the Health Promotions department
- Yoga, Martial Arts, and a class in every discipline of sport (ie water, team, racquet, individual)
- Marketing
- Nutrition

WORK EXPERIENCE

Founder / Owner, Organic Produce Gals Foothills Farmstand, Lake Havasu City, AZ 2000-2010

- Started as a small co-op, then developed a retail establishment in 2007, increasing sales volume and community participation on a weekly basis through strategic marketing and public outreach activity
- Ordered fresh produce, set up/display, and developed comprehensive marketing and advertising materials to cover remote population of 50,000 people.
- Created a successful weekly e-mail newsletter marketing campaign with original recipes, produce, nutrition, and health information to capture an audience of approximately 2000 subscribers with approx. 30% open/click rate, driving customer base to remote location outside city limits
- Established social media presence to update and interact with customers

Show Host / Producer, Kitchen Nutrition Healthy Television, Lake Havasu City, AZ 2003-2009

- Began as a weekly health/nutrition segment on KLHU TV 45 local morning news show.
- Created and produced a season (13 episodes) of 30 minute, cooking shows featuring original healthy recipes and nutrition education
- Produced weekly “Organic Produce Spotlight” on Havasu Video News
- Produced “Kitchen Nutrition for Kids” to encourage and empower children to take charge of their nutrition on children’s ministry website

Health Educator, Long Beach Memorial Hospital, Long Beach, CA 1989–1990

- Taught, facilitated and monitored medically supervised lifestyle change program for morbidly obese clients
- Participants lost avg. 2-5lbs/week in program
- Transitioned clients with incorporating lifestyle modifications for long term goals

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CLINICAL EXPERIENCE

Staff MRI Technologist, Riverside MRI Center, Riverside, CA **1991-1992**

- Participated in opening of new outpatient imaging center
- Assisted radiologist in protocol development and research projects/presentation
- Assisted marketing staff in creating a client referral base
- Trained visiting technical staff in equipment applications for the manufacturer

Staff Radiologic Technologist, Hoag Health Center, Irvine, CA **1988-1989**

Staff Radiologic Technologist, Saint Jude Hospital, Fullerton, CA **1986-1987**

ADDITIONAL EXPERIENCE

Freelance Writer and Author (*not published yet, works in progress*)

- Compiled Organic Produce Gal's Kitchen Nutrition Cookbook
- Nutrition For Your Soul devotional
- 10 Steps To Build and Market Your Neurofeedback Practice

Host / Consultant KWFH 95.9 FM Christian Radio, Lake Havasu City, AZ

Weekly Radio Personality as Nutrition and Wellness Consultant

- Make recommendations for healthy living and stewardship of the body
- Share nutrition and wellness facts and news
- Challenge listeners to incorporate "nutrition for their souls" with scripture references and devotional material
- #1 rated station on the air in six cities, broadcasting throughout Arizona, California and Nevada

Consultant Lake Havasu Unified School District, Lake Havasu City, AZ

Freelance Nutrition Consultant

- Assist liaison to the state of Arizona with grant writing proposals
- Advise school lunch program administration for nutritional improvements and modifications
- Creative consultant for healthy lunch campaign, engaging students and staff to participate
- Led effort to establish "A-Z" fresh salad bars in every district school